

LIVING WITH MEANING AND DYING WITH NOBILITY

An Inspiration to Live a Meaningful Life and Die a Noble Death



A 10-Day Festival

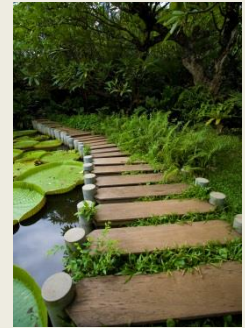
December 1-10, 2017

International Conference on Dec 5-7, 2017

*“Be Calm, Be Helpful.
No matter how hard things may seem,
we will overcome with wisdom.”*

Sathira-Dhammasathan’s Mission:
Work with a Bodhisattva’s Heart

Sathira-Dhammasathan



Sathira-Dhammasathan, founded in 1987, is a learning community for peace and harmony. It provides a variety of programs for people of all ages, genders, and walks of life based on the principles of caring, sharing and respect. It is like a tiny drop of water, radiating peace and serenity amidst the busy and bustling city of Bangkok, the capital city of Thailand.

An 'Oasis', a Learning Community, in an ocean of fire



An Inspiration to Change the World



“All human beings have the innate potential to benefit the world. Everyone can use the gift of being born into this life to go beyond themselves to help others.”

- Ven. Mae Chee Sansanee Sthirasuta

Ven. Mae Chee Sansanee Sthirasuta is a Buddhist nun and the founder of Sathira-Dhammasathan. Since being ordained over 37 years ago, her remarkable teachings and humanitarian efforts have helped break the cycle of violence and have changed thousands of lives. Her hard work has helped many people to attain better mental well-being, from the original conception of the spirit to the final return to nature.

In Contemporary Bodhisattva

For seven decades, His Majesty the late King Bhumibol Adulyadej was Thailand's guiding light. The monarch, regarded far and wide as Father to the nation, led the country out of several dangerous turning points with his wise counsel. His fortitude and devotion to human development were an inspiration to all.



‘ There is an English saying that the king is always happy, or, 'happy as the King' - which is not true at all. But I can be as happy as a king if all of you know what is right and what is wrong and cooperate to fix things.’

- HM King Bhumibol Adulyadej

Dharmashram, a Mindfulness Hospital



When the much-revered King passed away on October 13, 2016, Ven. Mae Chee Sansanee had the thought of expressing great gratitude by creating Dharmashram, a mindfulness hospital that offers the innovation of spiritual help from birth to death.

Dharmashram's concept is
“LIVING WITH MEANING
AND DYING WITH NOBILITY”

It is also a five - floor ecological building. It has 100 rooms to accommodate pregnant mothers, infants, children, the elderly, the handicapped and anyone who seeks spiritual healing and end of life care.

With a humble dedication to our beloved King, Ven. Mae Chee Sansanee made the decision to devote all her efforts, and her partners' efforts, to completing the building of Dharmashram in one year so that the Grand Opening Ceremony could be held on December 5, 2017, National Father's Day and the day when his Majesty would have been 90 years old. His memory will also be honored with the 10-day festival on “LIVING WITH MEANING AND DYING WITH NOBILITY: An Inspiration to Live a Meaningful Life and Die a Noble Death.”

70 Years - 70 Million Good Deeds



The “70 Years - 70 Million Good Deeds” project, a Living Monument in Remembrance of His Majesty the late King Bhumibol Adulyadej, was also created by Ven. Mae Chee Sansanee and is a part of world peacebuilding in connection with our international network. It is dedicated to providing a motivation for all people to do one good deed and, together with 70 million Thai citizens, to create 70 million good deeds.

If we live happily and do
everything we can to benefit others,
When the time comes
we can experience
our last breath with peace
and serenity,
Knowing we have left
only beautiful and valuable gifts for
the next generation.

The 10-day festival will be held at Sathira-Dhammasathan on December 1-10, 2017 and will include the International Conference on December 5-7, 2017.

This festival is a gathering of international volunteers, spiritual leaders, and pioneers in holistic medicine from around the world. We will join together to share their inspiration of giving, to learn innovative techniques and to envision how living meaningfully can enhance the process of dying with nobility.

About 10,000 Thais and 100 International guests from over 20 countries, including Switzerland, the United States, China, India, Norway, Malaysia, Taiwan, Korea, Australia, Bhutan and our friends from Tibet will join together for this occasion.

10-Day Festival and International Conference

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If we live happily and do everything we can to benefit
His Majesty's seventy years of working tirelessly is our inspiration to do more good deeds, as
many as we possibly can. Following in the Bodhisattva king's footsteps, the main purpose of all
our activities and projects dedicated to His Majesty will be based on enhancing the mental well-
being of all humans and being a part of world peacebuilding.

Knowing we have left only beautiful and valuable gifts for
the next generation.

Main Objectives of the Festival

To Inspire
the participants to spend each minute of their life in a meaningful and beneficial way

To Explore
how to overcome the fear of death and to have a peaceful last moment

To Teach
new generations to appreciate the people behind their success or growth and to inspire them to become givers through stories of inspiration

To Assist
patients or sick relatives to be released from sufferings, using innovations in holistic medicine and spirituality

To Encourage
those with Bodhisattva hearts and qualities by recognizing them with the “International Tara Awards” for major contributions to the benefit of society

To Motivate
people to do good deeds to create peace by inviting the participants and organizations to be a part of the “70 Years - 70 Million Good Deeds” Project

To Help
oneself and one’s family to prevent illness with knowledge of naturopathy and a variety of self-sustainable natural healing techniques

To Share
the knowledge the participants have received from the festival with their families, local and world communities

If we live happily and do everything we can to benefit others,
When the time comes we can depart from this world with peace and serenity,
Knowing we have left only beautiful and valuable gifts for the next generation.

Conference Setting

Using all Six Senses

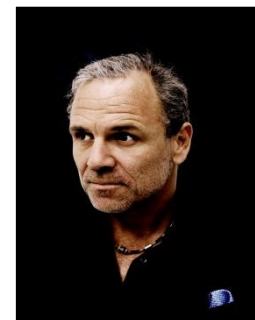


The festival will be carefully designed and use all six senses to make sure participants will experience and get to the heart of each message. With the serene and simple nature of our dhamma garden, eight acres of man-made forest, as a platform for our volunteers' hearts, we truly believe that it will be a magnificent festival.

Conference Activities



Powerful,
thought-provoking
reflections on how
accepting our
passing can free
ourselves to lead
fuller lives.



**One-Stroke Calligraphy,
The Healing and Meditative Art
of Two Spiritual Masters : Master
Zhi Gang Sha and Ven. Mae
Chee Sansanee Sthirasuta**

Book Launch:
"In Love With Death"
by philanthropist
Mr. Satish Modi,
from India

Spiritual Music
from Switzerland by
Tibetan Singer
Dechen Shak-Dagsay
and well-known
producer
Helge Van Dyk

Explore the Healing and Rejuvenation Garden

A Variety of Workshops
With International
Speakers : Hospice Care,
Self-Healing, the Five
Elements, and many
more

Exhibition of
Handmade Local Arts
and Crafts from all
over Thailand

Inspirational
Stories About
Giving by
Outstanding
Speakers and Share
Your Own

Healthy Exercise
Related to Mind : Yoga,
Tai Chi, Body
Movement and more



In Explore Alternative
Medicine: Acupuncture,
Thai Massage, Biological
Clock, Naturopathy,
Four Power Techniques
and other innovations

Healthy Food and
Beverages :
Vegetarian dishes
and all kinds of
herbs

Art Sculpture
Garden, Modern
Spiritual Art
Sculptures, Art
Exhibition of
Nunnery Lifestyle

Music Therapy
Techniques and
Chanting from
Different Religions,
Practices, and
Cultures

Sathira-Dhammasathan is a second home to all.

The Way To Live Simply with
Sufficient Happiness:

Be Happy with Less Spending,
Be Happy When Creating, and
Be Happy When Giving.



We invite you to have an unforgettable experience at the festival.